

P.O. Box 302 Valparaiso, NE 68065 www.valball.com

T-BALL COACHES INFORMATION

VABA Website: www.valball.com

Practice Time Scheduling

Coaches and VABA meet and all determine practice times for each team. The practice schedule will be posted on the VABA Website. If your practice gets rained out, please check with other coaches to see if they are using their time slot.

T-Ball Game Scheduling

Teams will be split by age. Coaches will schedule games after the softball and baseball games have been scheduled using the availability of the fields. Normally games are played on Sundays, but can be played during the week if the fields are available. Depending on number of Valparaiso teams, can check with Ceresco and Dwight if they want schedule games. Once games have been scheduled, home games for all teams will be posted on the VABA Website.

Concussion Training

At least one coach per team is required to take concussion training online at www.cdc.gov/headsup/youthsports/training/index.html
On their website, you first need to create an account with CDC TRAIN. Then you will be able to take the online training course. This should take no more than 10 minutes.

Once completed, please send copy of certificate to <u>valareaball@gmail.com</u> so VABA can keep a copy of the certificate of completion on file.

Equipment

Each team is provided equipment for practices and games. Provided equipment includes bats, catcher's gear, practice balls and a first aid kit. A catcher's glove is not included. Coaches are also provided keys for the maintenance shed and bathrooms. Equipment and keys can be picked up at the ball field clean-up day. If you are unable to attend clean-up day, please contact a board member to get you your equipment.

All players will need their own baseball glove, batting helmet and uniform. All batting helmets must have a face mask.

T-Ball Uniforms

T-shirts are included with registration. Orders will be taken once teams are set.

Cancellation of games/practices

It will be posted on the VABA website and Facebook page if fields are too wet to hold a game and/or practice.

Rescheduling of games

Each individual coach is responsible for rescheduling cancelled home games by contacting the coach of the other team. Coaches will need to check with Dana Cotter (402-525-3940), to make sure field is available and to notify her of the rescheduled game in order to update the website.

Home Game Responsibilities

After Completion of Your Teams Game (both fields)

All parents, players and coaches are to assist in the following:

- Rake around the bases, pitchers' mound and home plate. Clean out and sweep both dugouts.
- Clean up trash around bleachers, empty trash containers in the dugouts and near the bleachersinto the receptacles north of Field 1.
- Players should not be dismissed until these tasks are completed.

After Completion of Last Game (both fields)

In addition to the above tasks,

- remove bases and inserting base plugs,
- turn out field lights, and
- lock up buildings.

Players should not be dismissed until these tasks are completed.

Parent Code of Contact

VABA asks that all coaches get a signed copy of the parent code of contact for each player. These need to be turned in to the VABA Board prior to the first game. This will help eliminate any issues that may arise. Coaches are encouraged to talk with any VABA Board members if there are any concerns throughout the season.

THANK YOU FOR COACHING!

To show our appreciation, each head coach will receive a 10 meal punch card to be used at the Val Ball concession stand throughout the season. Punch cards will be kept in the concession stand with your name on it.